

POWER UP FOR PARENTS: DEVELOPING A DIGITAL INTERVENTION TO PROMOTE SHARED DECISION MAKING IN CHILD AND ADOLESCENT MENTAL HEALTH SERVICES

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METHODS

In collaboration with parents, clinicians and an app development company, we designed an innovative mobile application called Power Up for Parents to encourage and support parents to be more involved in their child's care and treatment decisions. The development process involved reviewing the literature, patient and public involvement sessions with parents, interviews with clinicians, and followed the guidelines for developing and evaluating patient decision aids.

RESULTS / DISCUSSION

This talk will present 1) findings from the literature reviews, 2) the development and design process, including key learnings and challenges, 3) key features of the app including a demonstration, and 4) evaluation and dissemination plans with preliminary findings.



TEAM (Technology Enabled Mental Health for Young People) has received funding from the European Union's Horizon 2020 research and innovation programme under the Marie Skłodowska-Curie grant agreement No. 722561

CONCLUSION

The findings from using this approach to designing and developing an evidence-based mobile application, for use by parents, to promote shared decision- making in CAMHS can have implications for practitioners, policy-makers and researchers. Preliminary user feedback and the involvement of parents throughout the process can also provide some valuable insight.



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